

#### MANHATTANVILLE UNIVERSITY PURCHASE, NY

DAY CAMP (M-F) 9:30AM-4PM

### OVERNIGHT CAMP (MON. 9AM TO SAT. 10AM)

DATES

2025 SUMMER

ENRICHMENT

June 23 - 28 June 30 - July 5 July 7 - 12 July 14 - 19 July 21 - 26

## WEEKLY ACTIVITIES

- DANCE (Dream Dance Studio of Elmsford)
- MUSIC (The Music Conservatory of Westchester)
- FITNESS (Dream Dance Studio of Elmsford)
- THEATRE (The Play Group Theatre of White Plains)
- DJ CLASS (The Music Team)
- Art (On Campus)
- Sports and Arcade Games (On Campus)

Benefits to our campers include increased independence, enhanced confidence and self-esteem, improved social skills, mobility, strength, cognitive function, physical health, and hand-eye coordination.

Cost: Pre-paid \$105/week for all campers (covers lunch and registration fee). Overnight Campers have their Breakfasts and Dinners covered by The Arc Westchester



Contact

Mike Pingryn Program Director The Arc Westchester mpingryn@arcwestchester.org

THE OWNER OF TAXABLE PARTY.

# JOIN NOW

Participants must: Live at home with their families - Are Eligible for OPWDD Respite Services - Have approved Respite Units





#### CAMP ECHO/TACONIC OUTDOOR EDUCATION CENTER, COLD SPRINGS

025 SUMMER

## OVERNIGHT CAMP (MON. 9AM TO SAT. 10AM)

CAMPING

## DATES

July 28 – Aug. 2 August 4 – 9 August 11 – 16 August 18 – 23 August 25 – 30

## **WEEKLY ACTIVITIES**

OUTDOOR FIELD GAMES (VOLLEYBALL, KICKBALL, ETC.) INDOOR ACTIVITIES (BINGO, ART, TRIVIA, KARAOKE, ETC.) LAKE FUN (HIKES, SWIMMING, BOATING, FISHING) WATER GAMES (SLIP 'N SLIDES, DUNK TANKS, WATER FUN) TEAM-BUILDING EXERCISES

Benefits to our campers include a fun outdoor environment, stress reduction, teamwork and camaraderie, physical fitness and cardiovascular health, improved motor skills and memory, and sensory stimulation.

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