

We provide innovative supports and services that promote a **life full of potential.**

EARLY CHILDHOOD SERVICES

The Children’s School for Early Development is a special education preschool and early intervention program that provides comprehensive services and support to children from birth to five years of age, and their families with resources to maximize their potential. We are proud to offer:

- Early Intervention Evaluations
- Preschool Programs for Children with Developmental Disabilities, Including Autism
- Family Support Groups



TRANSITION SERVICES FOR YOUNG ADULTS

Our transition services include a suite of programs designed for young adults who will soon graduate from high school or have recently aged out of services from their local school district.

Services include a community prevocational internship program, designed for people with autism who seek competitive employment. This Transition Academy of services helps individuals exiting high school build workforce readiness skills, set career goals, and identify jobs of interest.

DAY SERVICES

The Arc Westchester offers a wide range of youth and adult programs, for people age 18 and up, that provide a continuum of services based upon a person’s individual need and preference. We embrace a person-centered philosophy supporting people to contribute, participate, and become valued members of the community. Whether they are volunteering, participating in a community activity or learning about their health and wellness, we focus on making the opportunities fun and engaging for all participants.



CAREER & EMPLOYMENT

Our team supports people with building workforce readiness skills through Transition Academy Programs such as Project SEARCH Autism Enhancement and Prep4Success. We also work closely with our network of employers to help individuals secure skills-based interview opportunities and provide them with job coaches to help ensure successful work placements. We are proud to share that we maintain a 60% employment rate for people with developmental disabilities, compared to 33% nationwide.

WELLNESS CENTER

We provide an array of mental health services that relate to life transitions and aging. These services include diagnostic and treatment services in occupational therapy, physical therapy, vocational rehabilitation, nutrition, psychotherapy counseling, psychiatric services, and evaluations.

Our wellness center serves children and adults and will accept Medicaid, Medicare, and many other private insurance plans. Appointments can be made a 914-495-4500.

COMMUNITY SERVICES & FAMILY SUPPORT

We offer individualized support services, crisis assistance, in home behavior management, family outreach, life planning and self-direction brokerage services. We also maintain 24-7 crisis hotline assistance where our team of trained specialists will assist callers by stabilizing a situation and make appropriate referrals to community services including housing and medical resources. Our crisis hotline can be reached at 914-949-8200.



*Fostering Independence | Ensuring Safety | Supporting Good Health
Cultivating Relationships | Promoting Happiness*

RESIDENTIAL SERVICES

Our residential services range from more highly staffed homes that are supervised 24 hours per day, to supportive living situations, where staff may provide support and guidance 15 to 20 hours per week.

Our 44 residences are located throughout Westchester County, in attractive and safe neighborhoods. Each residence reflects the preferences of the people who live in them, and many are designed to be fully accessible.

RECREATION & RESPITE

Our Recreational Services provides a wide variety of leisure and learning activities designed to help participants 21 and up to enhance social skills and build lifelong friendships. We take trips to sporting events, bowling alleys, local art studios, outdoor parks, museums and more. We also offer a robust summer college experience and an outdoor camp at a state park.

We also operate a Respite House which offers planned day and overnight visits for adolescents and adults with developmental disabilities. It offers caregivers an opportunity to run errands, take trips or simply take a much-needed break.

GUARDIANSHIP & SUPPORTED DECISION MAKING

Guardians are those who offer assistance and help based on an individual's capacity. At the same time, they ensure that the person can express their preferences and have them honored to the extent possible. An alternative to Guardianship is Supported Decision Making which assists people in the process of identifying areas of need and others who can support them such as family members, friends, and support staff.

Let's start this journey together!

**WE ARE HERE TO SUPPORT YOU
EVERY STEP OF THE WAY**


The Arc
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     YouTube

To learn more, visit



www.arcwestchester.org
or contact us at (914) 949-9300



SUPPORT US BY BECOMING A MEMBER

When you become a member of The Arc Westchester, you provide us with a stronger voice to advocate for the rights and needs of the people we support and their families at the state and national level.

Go to:
www.arcwestchester.org/membership


The Arc
Westchester
New York



OUR GUIDE TO SERVICES

Supporting people with developmental disabilities throughout their lifetime