



Guideline for Family Visits to The Arc Westchester Residences

We are so happy that visitation restrictions have been lifted for you and your family member. This has been a challenging time for everyone and your continued patience and support is so appreciated. The guidelines we set forth during the early days of COVID-19 have proven to be successful in keeping the infection rates low for our staff and the people we support.

Below you will find some guidelines that we ask you follow when visiting your loved one at their home. These steps will ensure the health and safety for you, your loved one and others in the home.

- Please respect social distancing during the visit by staying 6 feet apart.
- Wear face covering and gloves.
- Wash hands and/or use hand sanitizer.
- Please note that we will do a health check, including taking your temperature. Feel free to bring your own thermometer. No one with a temperature of 100° or above will be allowed to visit.
- If you wish to bring food, please understand that we are discouraging family style meals with visitors. This means no sharing of bowls or containers or utensils. Ideally, we recommend food should be individually wrapped or packaged.
- Please call a few hours ahead to schedule your visit. This will ensure that other families are not visiting at the same time and will limit the number of people in the home.

Thank you for your cooperation. Together, we will get through this!