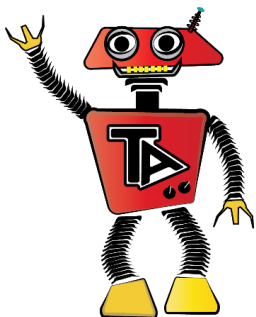


Welcome

# TECH AMBASSADORS

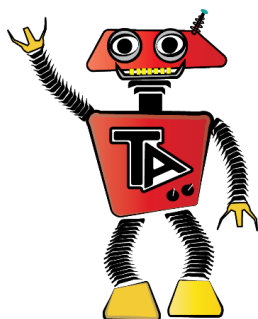


**Jordan Jankus, The Arc Westchester**  
**914.495.4474**  
**[jjankus@arcwestchester.org](mailto:jjankus@arcwestchester.org)**



# Welcome

## TECH AMBASSADORS



A fast-paced series of webinars targeted at the practical uses of everyday personal technology (apps, web resources and smart devices) by people with cognitive disabilities.

We provide clear examples of how this technology can be used in many settings – home, work, day services and planning services.

Find other webinars  
in our archives at

<https://www.arcwestchester.org/resources/webinars/>

***BTW - What are you doing with tech????***

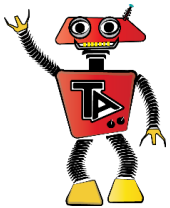




**Monday, May 18, 2020**

**5<sup>th</sup> Annual Tech Supports for Cognition and Learning  
Conference**

**At Mercy College, Dobbs Ferry, NY**



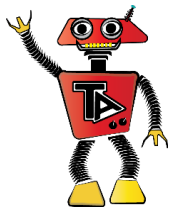
3/25/20



**[jjankus@arcwestchester.org](mailto:jjankus@arcwestchester.org)**

Today

# Focus - Being Present and Staying on Task: How personal technology can help!



3/25/20

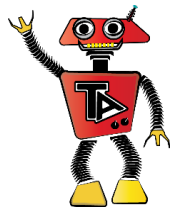
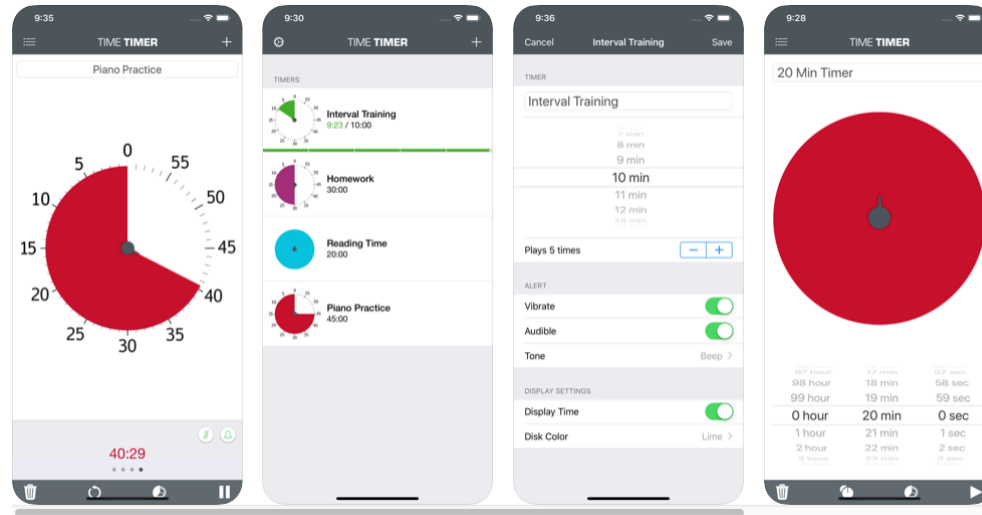


[jjankus@arcwestchester.org](mailto:jjankus@arcwestchester.org)



**Time Timer** 4+  
 Visual time management  
[Time Timer LLC](#)  
 #36 in Productivity  
 ★★★★★ 4.6, 2.1K Ratings  
 \$2.99

**Screenshots** [iPhone](#) [Apple Watch](#)



**The Arc.**  
 Westchester  
 New York

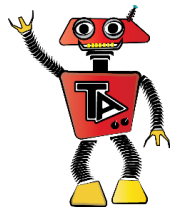
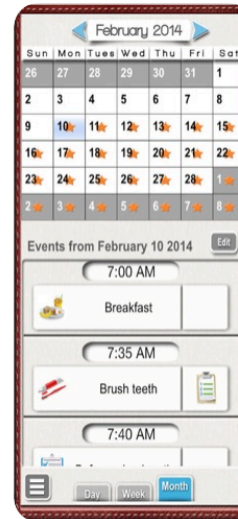
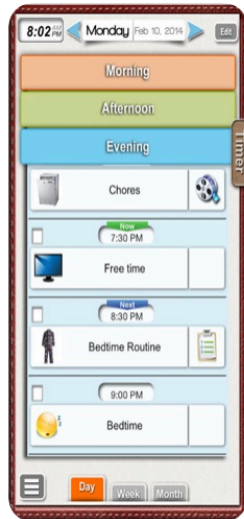
[jjankus@arcwestchester.org](mailto:jjankus@arcwestchester.org)

3/25/20



**Visual Schedule Planner** 4+  
 Good Karma Applications, Inc  
 ★★★★★ 2.9, 10 Ratings  
 \$14.99

**Screenshots** [iPhone](#) [iPad](#)



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3/25/20

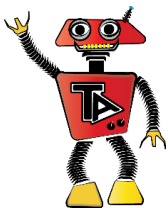


# **Choiceworks** 4+ Bee Visual, LLC

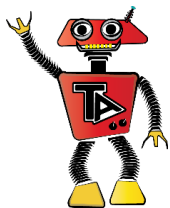
#80 in Education  
★★★★★ 4.8, 127 Ratings

\$9.99

## Screenshots [iPhone](#) [iPad](#)



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3/25/20

Carrier
8:51 PM

Profiles Edit

All Schedules Waiting Feelings Feelings Scal

### Schedules

school

My school schedule

Sample Board

nighttime

My nighttime schedule

Sample Board

### Waiting

waiting

Waiting for bus

Sample Board

waiting

Waiting

Sample Board

### Feelings

worried

Worried

Sample Board

Close

Mar 12 9:22 PM			✓
Mar 12 9:22 PM			✓
Mar 12 9:22 PM		✓	
Mar 12 9:22 PM	✓		
Mar 12 9:22 PM	✓		
Mar 12 9:21 PM	✓		
Mar 12 9:21 PM		✓	

OK

confused

worried

I am

worried

I can

talk

or

take a walk





## Things 3 <sup>4+</sup>

Organize your life

Cultured Code GmbH & Co. KG

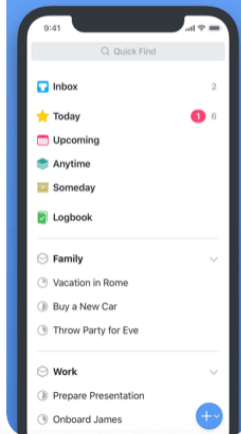
#10 in Productivity

★★★★★ 4.8, 14.1K Ratings

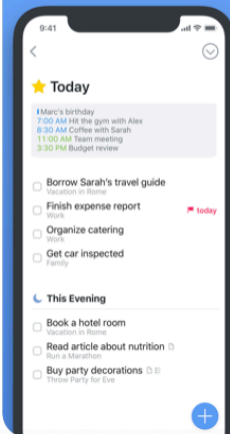
\$9.99

### Screenshots iPhone Apple Watch

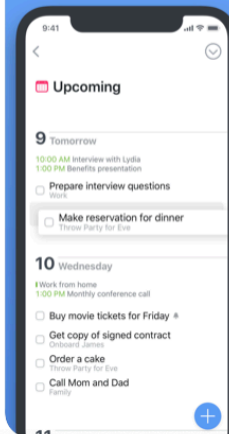
**Meet the all-new Things.**  
Elegant new design,  
powerful new features.



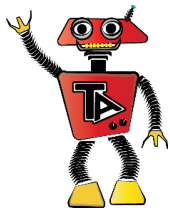
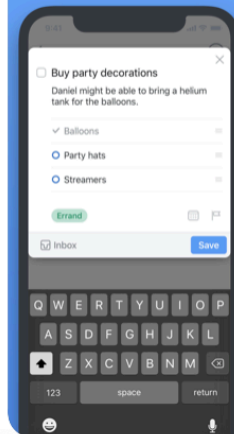
**Focus on what matters today.**  
See your calendar events  
and to-dos together.



**Plan ahead.** And if your plans  
change, re-scheduling is as  
easy as drag and drop.



**Quickly enter new to-dos.**  
Add notes, checklists,  
reminders, and more.



[jjankus@arcwestchester.org](mailto:jjankus@arcwestchester.org)

3/25/20



## Minimalist - To do list & Task 4+

To do lists & Reminder Manager

[Davetech Co., Ltd.](#)

#155 in Productivity

★★★★★ 4.7, 7.5K Ratings

Free · Offers In-App Purchases

### Screenshots [iPhone](#) [iPad](#) [Apple Watch](#)

#### Intuitive Design A simple todo list



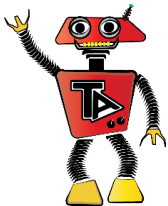
#### Multiple Lists Organize with lists



#### Concentrate Better Focus with amazing sounds



#### Today Widget Create tasks in today widget



  
**The Arc.**  
Westchester  
New York

[jjankus@arcwestchester.org](mailto:jjankus@arcwestchester.org)

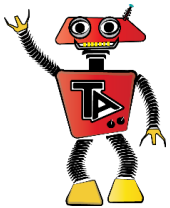
10

3/25/20



## Keeping it Together with MinimaList

1. Set a time for how long you want to be doing each task
2. Create and receive reminders about upcoming tasks.
3. Write simple notes to add on to each task
4. A variety of sounds for each task is available.
5. Connects with Siri



3/25/20



Intuitive Design  
A simple todo list



[jjankus@arcwestchester.org](mailto:jjankus@arcwestchester.org)



## Grateful: A Gratitude Journal 4+

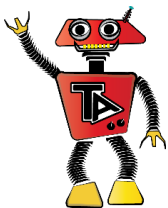
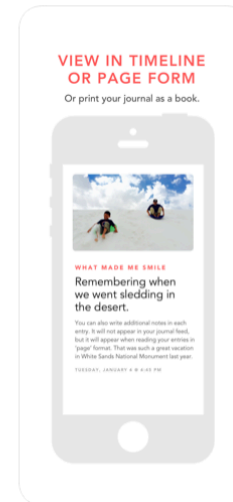
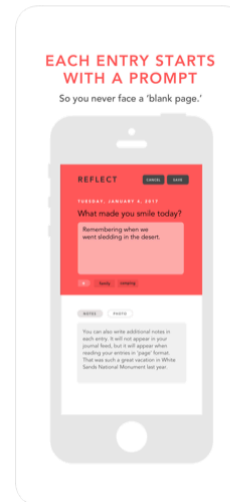
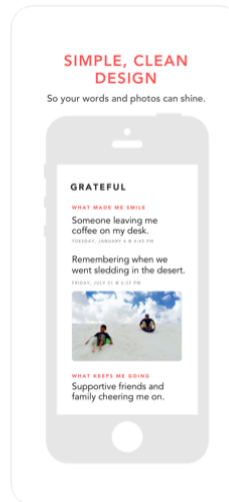
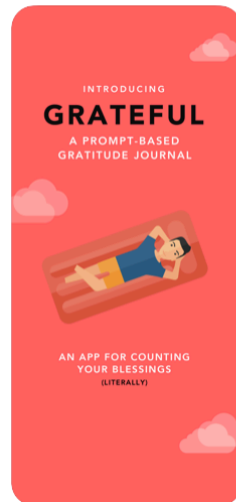
Focus on what truly matters

[treebetty LLC](#)

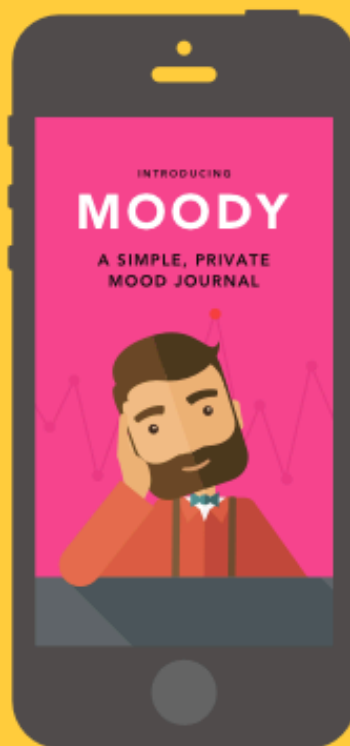
★★★★★ 4.8, 2.3K Ratings

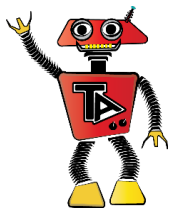
Free · Offers In-App Purchases

### Screenshots [iPhone](#) [iPad](#)

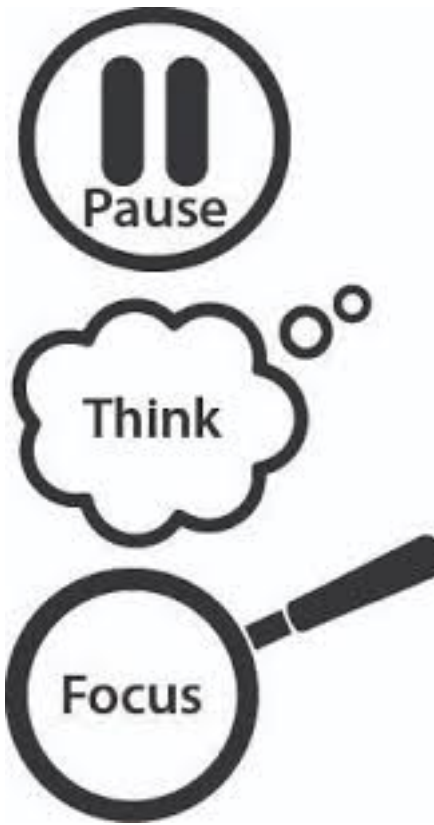


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[jjankus@arcwestchester.org](mailto:jjankus@arcwestchester.org)

## Next Tech Ambassadors Session:

**Wednesday**

**April 15<sup>th</sup>**

**11:00AM – 11:30AM**

*Ashley DiPiano from Tobi Dynavox*

*Questions/Suggestions  
for future topics?*

**Jordan Jankus, The Arc Westchester**

**914.495.4474**

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