

# Fall Family Forum

**Information and resources for families of young adults with developmental disabilities transitioning to adult life**



**The Arc**  
Westchester  
New York



## **Getting Ready for the Journey Ahead**

- OPWDD and Managed Care
- The Importance of Family Advocacy

*Presented by Tibi Guzmán, Executive Director/CEO*



Get hands-on tips about technology that can help with everyday tasks!



## **Creating Unique Recreation Opportunities**

- Year-round community based activities for young adults
- Social skills and friendship building

*Presented by Michael Pingryn, Director of Recreation and Respite Services*

**Saturday, November 2, 2019 • 8:30 am - 12:30 pm**

The Arc Westchester - 265 Saw Mill River Road - Hawthorne, NY 10532

RSVP by October 31<sup>st</sup> at [arcwestchester.org](http://arcwestchester.org) or call 914.495.4573



**Free Event - Refreshments - Network with Families**



JOIN Us...

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