# Welcome TECH AMBASSADORS



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# Welcome TECH AMBASSADORS



A fast paced series of webinars targeted at the practical uses of everyday personal technology (apps, web resources and smart devices) by people with cognitive disabilities.

We provide clear examples of how this technology can be used in many settings – home, work, day services and planning services.

Find other webinars and resources in our archives at

https://www.arcwestchester.org/technology





# Tech Supports for Cognition & Learning

Everyday Applications & Emerging Trends

## **2019 CONFERENCE**

Presentations and Pictures from the event at:

# https://www.arcwestchester.org/blog/techrecap19





Today

## **Daylio:** Journal, Diary, Mood Tracker

We can all agree that communication is one of the traits often affected by a cognitive disability. .

Whether it be the inability to "properly" communicate with others... or the inability to communicate with anyone at all, both are equally frustrating for everybody; especially the individuals directly affected by these issues.

The outcome of this problem varies from person to person. Responses from the individual can range from self-isolation to behavior prblems..



#### All of these individuals want... is to be understood.









https://youtu.be/5gQUG3gMWik









## Today **Daylio:** Journal, Diary Moods

### Keeping Track:

Daylio is a app for both iOS and Android, that is recommended by mental health professionals to patients who have difficulty communicating and/or expressing their thoughts and moods.

... It keeps record















#### **Using a Person Centered Approach**

- Care coordinators and other staff will get more detailed information
- Individual has the opportunity to share information and get a sense of independence because of privacy code.
- Individual has many ways to express emotion.
  - Writing
  - Image identification



• Helps individuals create more awareness and choose a lifestyle they desire.



Next Tech Ambassadors Session:

## TUESDAY 5/7/19 1:15PM – 1:30PM

*Questions/Suggestions for future topics?* 

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